

List of treatments “à la carte”
SPA Center

Le Sabine

Hydrotherapy SPA

Hydromassage bath

- Hydromassage bath Aromaéane Silhouette min. 20 € 38
- Hydromassage bath Aromaéane Relaxing min. 20 € 38
- Hydromassage bath "Cleopatra" with precious milk min. 20 € 38

Vichy Shower

- Vichy Shower – (with cromo and aromatic therapy) min. 15 € 32
- Massage under Vichy Shower min. 25 € 45
- Scrub and massage under Vichy shower min. 40 € 75

Body wraps

- Micronized seaweed detoxifying wrap min. 20 € 45
- Sea mud of Dead Sea remineralising wrap min. 20 € 60

Scrubs

- Scrub "Indocéane" – sweet /salty (brown sugar, salt and Mediterranean essential oils) Relaxing, purifying and nourishing min. 20 € 45
- Scrub "Polynesia" coconut shells, white sand of Bora Bora, Tahitian vanilla and sea salt min. 20 € 45
- Oriental scrub with black soap min. 20 € 45
- Treatment "Prelude Marin": body scrub with sea salt and sea mud (Relaxing and skin beauty) min. 50 € 75
- Aromatic Body Scrub with Spices min. 20 € 45
- Thai "Purée de Papaye" Scrub min. 20 € 45

Body treatments

- Pressotherapy min. 20 € 40
- Pressotherapy with Gel Mineralg (venous - lymphatic drainage effect) min. 40 € 60
- Smoothing and hydrating body wrap (calming, after a sun bath) min. 20 € 55
- "Frigithalgo" local body wrap (anti-cellulite and circulation activator) min. 40 € 65
- Body wrap "Aromacéane" with sea mud of Dead Sea and essential oils (slimming and detoxifying) min. 50 € 85
- "Perfect Sculpt" (slimming, toning and refining) min. 50 € 85

Face treatments

Purifying

- "Rituel de Pureté" (total purifying face treatment) min. 55 € 70

Hydrate and Treat

- “Aquarelle” – energizing and rebalancing min. 55 € 70
- “Source Marine” – hydrating and rejuvenating min. 55 € 80
- “Cold Marin” - soothing and nourishing min. 55 € 80

Lifting and anti-age

- Special “eye contour” treatment – anti age min. 40 € 60
- “Collagen mask” - first wrinkles min. 55 € 80
- Face Treatment “Marine silicone and hyaluronic acid” anti-aging and lifting min. 70 € 100
- “Exception” – anti age min. 85 € 130

Special for men

- “Océan Men” moisturizing and regenerating facial care with vital blue seaweed min. 55 € 80

Massages

- Decontracting back massage min. 25 € 45
- Draining legs massage min. 25 € 45
- Anticellulite massage min. 25 € 45
- Reflexology foot massage min. 25 € 45
- Relaxing massage with essential oils from Sardinia min. 50 € 80
- Californian massage min. 50 € 80
- Sport massage min. 50 € 85
- Shiatsu massage min. 50 € 85
- Thai massage min. 50 € 85
- Hot stone massage min. 50 € 85
- Ayurvedic massage min. 50 € 85
- Polynesian Massage “Mahana” with hot sandbags min. 50 € 85
- Balinese massage min. 50 € 85

Face Beauty and Wellness Rituals

- Ritual “aux Cinq Fleurs” min. 55 € 75

combines the power of five tropical flowers (Gardenia, Hibiscus, Frangipane, Ylang-Ylang and Lotus). This ritual stimulates acupressure points to purify and give a brightening and gentle lifting effect.

- Ritual “KO BI DO” anti age min. 55 € 85
min. 80 € 120

Thanks to Japanese Ko Bi Do techniques, this ritual reduces the appearance of wrinkles by targeting the sensitive area around the eyes, décolleté and arms. A rich mask with pearl, opal, turquoise and diamond powder brightens and tones the skin.

“Prodige des Océans” inexhaustible source of youth

min. 85 € 140

From the marine intelligence, a longevity concentrate. A passe-partout treatment with an extraordinary cellular regeneration power. For all skin types and ages. ANTI-WRINKLES, FIRMING, MOISTURIZING AND REVITALIZING

Body Beauty and Wellness Rituals

Brasilian Ritual “Crème de Café”

min. 55 € 85

Treatment and slimming massage with “coffee creme” and draining body wrap with ochre clay and seaweeds

Happiness for two in Sardinia (price per person)

min. 90 € 125

Scrub with Sardinian salt, plants and essences, relaxing Californian “DUO” massage

Ayurvedic Ritual

min. 90 € 125

Aromatic body scrub with spices, energizing and tonifying Ayurvedic massage

Ritual from “Siam”

min. 90 € 125

Thai “Purée de Papaye” Scrub and Balinese massage with a balm of tropical nuts

Ritual from “Maghreb”

min. 120 € 160

Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil

“Polynesian” Ritual

min. 120 € 160

Scrub Taha’a Island, hydromassage bath of “Lagoon Waters” and massage “Mahana” with hot sandbags

“Indocéane” Ritual

min. 150 € 190

A pleasant sea journey to discover the oriental fragrances and the marine treasures (sweet & salty scrub, Cleopatra’s milk bath, indian massage with warm oil, moisturizing body wrap)

Sardinian Signature

- Hydromassage bath with Sea salt and BIO myrtle gel min. 20 € 43
 - Scrub with Sardinian salt, plants and essences min. 20 € 45
 - Facial treatment “Elixir of Youth” with Cannonau grapes - anti-aging min. 55 € 80
 - Ritual “Scents of Gallura” BIO min. 90 € 120
- Aromatic scrub with flowers of salt and Sardinian massage with oil from Mediterranean plants

Beauty services

Hand and foot beauty

- Manicure € 30
- SPA Manicure € 60
- Pedicure € 35
- SPA Pedicure € 70
- Nail varnish € 15
- Shellac manicure € 75
- Shellac pedicure € 80
- Long-lasting polish removal € 25

Waxing

- Full Legs € 45
- Eyebrows (or Upper Lip, or Chin) € 20
- Armpits (or Forearms) € 20
- Bikini € 20
- Total Bikini (or Half Legs, or Full Arms) € 30
- Back (or Chest) € 30

Wellness for body and mind

Yoga Lesson

- individual min. 50 € 80
- couples min. 50 € 110
- group (min. 4 persons) min. 50 € 30
(price per person)



SPA Center Le Sabine

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If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price

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Rates (inclusive of VAT) subject to change by Delphina Management
No children under 14 years are allowed. Children over 14 years must be attended by an adult or have a written authorization.