

List of treatments “à la carte”  
SPA Center

*Le Sabine*

## Hydrotherapy SPA

### Hydromassage bath

- Hydromassage bath Aromaéane Silhouette min. 20 € 40
- Hydromassage bath Aromaéane Relaxing min. 20 € 40
- Hydromassage bath "Cleopatra" with precious milk min. 20 € 40

### Vichy Shower

- Vichy Shower – (with cromo and aromatic therapy) min. 15 € 32
- Massage under Vichy Shower min. 25 € 45
- Scrub and massage under Vichy shower min. 40 € 75

### Body wraps

- Micronized seaweed detoxifying wrap min. 20 € 50
- Sea mud of Dead Sea remineralising wrap min. 20 € 60

## Scrubs

- Scrub "Indocéane" – sweet /salty (brown sugar, salt and Mediterranean essential oils) Relaxing, purifying and nourishing min. 20 € 50
- Scrub "Polynesia" coconut shells, white sand of Bora Bora, Tahitian vanilla and sea salt min. 20 € 50
- Oriental scrub with black soap min. 20 € 50
- Treatment "Prelude Marin": body scrub with sea salt and sea mud (Relaxing and skin beauty) min. 50 € 75
- Aromatic Body Scrub with Spices min. 20 € 50
- Thai "Purée de Papaye" Scrub min. 20 € 50

## Body treatments

- Pressotherapy min. 20 € 45
- Pressotherapy with Gel Mineralg (venous - lymphatic drainage effect) min. 40 € 65
- "Frigithalgo" local body wrap (anti-cellulite and circulation activator) min. 40 € 70
- Body wrap "Aromacéane" with sea mud of Dead Sea and essential oils (slimming and detoxifying) min. 50 € 90
- "Body Sculpt" with active oxygen (slimming, toning and refining) min. 50 € 90

## Face treatments

### Purifying

- "Rituel de Pureté" (total purifying face treatment) min. 55 € 70

## Hydrate and Treat

- “Aquarelle” – energizing and rebalancing min. 55 € 75
- “Source Marine” – hydrating and rejuvenating min. 55 € 80
- “Cold Marin” - soothing and nourishing min. 55 € 80

## Lifting and anti-age

- Special “eye contour” treatment – anti age min. 40 € 65
- “Hyalu - Procollagene” - filler effect treatment with hyaluronic acid and marine collagen min. 55 € 85
- Face Treatment “Marine silicone and hyaluronic acid” anti-aging and lifting min. 70 € 110
- “Exception” – anti age min. 85 € 135

## Special for men

- “Océan Men” moisturizing and regenerating facial care with vital blue seaweed min. 55 € 80

## Massages

- Decontracting back massage min. 25 € 50
- Draining legs massage min. 25 € 50
- Anticellulite massage min. 25 € 50
- Reflexology foot massage min. 25 € 50
- Relaxing massage with essential oils from Sardinia min. 50 € 85
- Californian massage min. 50 € 85
- Sport massage min. 50 € 90
- Shiatsu massage min. 50 € 90
- Thai massage min. 50 € 90
- Hot stone massage min. 50 € 90
- Ayurvedic massage min. 50 € 90
- Polynesian Massage “Mahana” with hot sandbags min. 50 € 90
- Balinese massage min. 50 € 90

## Face Beauty and Wellness Rituals

- Ritual “aux Cinq Fleurs” min. 55 € 80

combines the power of five tropical flowers (Gardenia, Hibiscus, Frangipane, Ylang-Ylang and Lotus). This ritual stimulates acupressure points to purify and give a brightening and gentle lifting effect.

- Ritual “KO BI DO” anti age min. 55 € 90  
min. 80 € 125

Thanks to Japanese Ko Bi Do techniques, this ritual reduces the appearance of wrinkles by targeting the sensitive area around the eyes, décolleté and arms. A rich mask with pearl, opal, turquoise and diamond powder brightens and tones the skin.

## “Prodige des Océans” inexhaustible source of youth

min. 85 € 145

From the marine intelligence, a longevity concentrate. A passe-partout treatment with an extraordinary cellular regeneration power. For all skin types and ages. ANTI-WRINKLES, FIRMING, MOISTURIZING AND REVITALIZING

## Body Beauty and Wellness Rituals

### Brasilian Ritual “Crème de Café”

min. 55 € 90

Treatment and slimming massage with “coffee creme” and draining body wrap with ochre clay and seaweeds

### Happiness for two in Sardinia (price per person)

min. 90 € 135

Scrub with Sardinian salt, plants and essences, relaxing Californian “DUO” massage

### Ayurvedic Ritual

min. 90 € 135

Aromatic body scrub with spices, energizing and tonifying Ayurvedic massage

### Ritual from “Siam”

min. 90 € 135

Thai “Purée de Papaye” Scrub and Balinese massage with a balm of tropical nuts

### Ritual from “Maghreb”

min. 120 € 170

Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil

### “Polynesian” Ritual

min. 120 € 170

Scrub Taha’a Island, hydromassage bath of “Lagoon Waters” and massage “Mahana” with hot sandbags

### “Indocéane” Ritual

min. 150 € 195

A pleasant sea journey to discover the oriental fragrances and the marine treasures (sweet & salty scrub, Cleopatra’s milk bath, indian massage with warm oil, moisturizing body wrap)

## Wellness for body and mind

### Yoga Lesson

- individual
- couples
- group (min. 4 persons)

min. 50 € 85

min. 50 € 120

min. 50 € 30

(price per person)

## Beauty services

### Hand and foot beauty

- Manicure € 35
- SPA Manicure € 65
- Pedicure € 45
- SPA Pedicure € 75
- Nail varnish € 15
- Shellac manicure € 75
- Shellac pedicure € 85
- Long-lasting polish removal € 25

### Waxing

- Full Legs € 45
- Eyebrows (or Upper Lip, or Chin) € 22
- Armpits (or Forearms) € 22
- Bikini € 22
- Total Bikini ( or Half Legs, or Full Arms) € 35
- Back (or Chest) € 35

## Sardinian Signature

- Hydromassage bath with Sea sat and BIO myrtle gel min. 20 € 45
- Scrub with Sardinian salt, plants and essences min. 20 € 50
- Hydrating and lenitive body treatment min. 20 € 65  
From an ancient natural remedy, jealously guarded and handed down from generations, was born **EDERAL natural 100%**, an active ingredient that gives relief and wellness to the skin.
- Facial treatment "Elixir of Youth" with Cannonau grapes - anti-aging min. 55 € 85
- **Profound and Nourishing Facial Treatment with Strawberry Tree** min. 55 € 80  
Antiaging, hydrating, nourishing and plumping treatment
- **Massage "Elixir of Healthiness" with Pompia essential oil** min. 55 € 90  
native Sardinian citrus with anti-inflammatory antioxidant, antibacterial, healing properties and anti-spot
- **Relaxing massage with mastic essential oil and Helichrysum cream** min. 50 € 90  
Nourishing, antiaging and hydrating treatment
- **Ritual "Scents of Gallura" BIO** min. 90 € 130  
Aromatic scrub with flowers of salt and Sardinian massage with oil from Mediterranean plants



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If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price.

Rates (inclusive of VAT) subject to change by Delphina Management No children under 14 years are allowed. Children over 14 years must be attended by an adult or have a written authorization.